

## The Asperger Couples Workbook Counsellors

The Asperger Couple's Workbook  
The Autism Couple's Workbook, Second Edition  
The Autism Couple's Workbook, Second Edition  
Neurodiverse Relationships  
Marriage and Lasting Relationships with Asperger's Syndrome (Autism Spectrum Disorder)  
Asperger's Syndrome  
What Men with Asperger Syndrome Want to Know About Women, Dating and Relationships  
Loving Someone with Asperger's Syndrome  
Ask Dr. Tony: Answers from the World's Leading Authority on Asperger's Syndrome/High-Functioning Autism  
The Other Half of Asperger Syndrome  
Life with a Partner Or Spouse with Asperger Syndrome  
Asperger Marriage and Relationships  
Alone Together  
Counselling for Asperger Couples  
Connecting With Your Asperger Partner  
The Other Half of Asperger Syndrome (Autism Spectrum Disorder)  
The Partner's Guide to Asperger Syndrome  
Asperger Syndrome (Autism Spectrum Disorder) and Long-Term Relationships  
Asperger Syndrome and Long-term Relationships  
Developmental Co-Ordination Disorder in Adults  
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aston has created this workbook to help couples where one partner has as with candid advice activities and worksheets she explores a variety of approaches she identifies specific issues such verbal and non verbal communication sexual issues socializing and parenting and comes up with simple and effective ways of addressing these issues

this updated edition of maxine aston's workbook is packed full of insightful helpful and easily accessible activities for couples where one or both partners is on the autism spectrum to understand and accept their differences this book expands on topics including verbal and non verbal communication sexual issues socialising and parenting with case studies from couples who have successfully worked through their issues this edition is fully updated for the dsm v and features new research into alexithymia further insights into couples counselling digital communication and sensory sensitivity with new worksheets and opportunities for collaboration and reflection combining advice guidance and activities this book can be used independently by a couple at home or in conjunction with a therapist encouraging communication and empathy to help make a neurodiverse relationship successful

advice and activities to build understanding and communication in relationships where one partner is on the autism spectrum this edition is fully updated to reflect contemporary research and changes to the dsm v and provides exercises for couples to collaboratively work through the challenges that may arise in a neurodiverse relationship

comprised of the accounts of twelve heterosexual couples in which the man is on the autism spectrum this book invites both partners to discuss their own perspectives of different key issues including anxiety empathy employment and socialising autism expert tony attwood contributes a commentary and a question and answer section for each of the twelve accounts the first book of its kind to provide perspectives from both sides of a relationship on a variety of different topics neurodiverse relationships is the perfect companion for couples in neurodiverse relationships who are trying to understand one another better

offering practical advice straight from the couples counseling room eva a mendes provides an insider's view into what couples and counselors can do to help make an asd relationship last she outlines the challenges faced in an asd relationship and provides strategies that can improve the lives and marriages of couples on a daily basis

if you have asperger's syndrome as or your child or partner does life can be challenging difficult and emotionally draining help is at hand from coming to terms with a diagnosis and receiving specialist counselling to pursuing careers and maintaining long term relationships this essential guide takes a positive and practical approach to living with asperger's using tried and tested strategies from those who have lived with the condition you will discover how to develop communication how to deal with obsessive behaviour and how to get further help and support information for those living with a partner suffering from asperger's is also provided chapters are also included for parents whose child has recently been diagnosed with asperger's together with advice for teachers and carers this book won't pretend that living with asperger's is easy but it will help you to understand and live positively with the condition

many asperger men are confused and bewildered by women dating and relationships and find it hard to know how to get it right this practical handbook provides many of the answers to their key questions about women and dating helping them to understand how to have successful relationships

loving someone with asperger s syndrome is an essential resource for anyone in a relationship with a partner who has asperger s this book explains how asperger s may cause problems in a relationship and offers help for communicating coparenting and building an emotional connection with a partner who has asperger s syndrome

dr tony attwood and craig evans are proud to introduce their first book together previously they brought you autism hangout a question and answer style video series in which dr tony directly addresses the most pressing questions of those touched by autism now this unstoppable duo has refreshed these conversations and converted them into book form creating an invaluable resource to keep helpful information present and available to the public their goal thriving with autism

based on academic research experiences as a counselor specializing in this area and personal relationship experiences the author uses quotations and real life examples to illustrate her points with a compassionate understanding practical everyday topics include living and coping with as anger and as getting the message across sex and as parenting staying together and as cannot be blamed for everything

delve into the dramatic impact asperger syndrome can have on the complex world of adult interpersonal relationships psychologist kathy marshack shares poignant true stories based on her own life and the lives of her clients focusing on how partners spouses of someone with as can take back their own life and find true meaning and happiness the author discusses these sensitive issues and shows readers how to take control of their lives and grow away from dysfunctional behavior and dysfunctional relationships each chapter closes with a series of lessons learned that recap the main points of the chapter and offer new ways to look at these very unique challenges

this book aims to help the spouses or partners who are married to or in a long term relationship with someone diagnosed with asperger s syndrome or more likely suspected asperger s syndrome as this book is an honest account of what my life has been like with my as husband and how his asperger s has affected our marriage we have had many crisis moments over the years but most of these have been through joint ignorance of my husband s condition with realisation came a long getting to know you process and learning more about the condition and david s idiosyncrasies advice that worked for us is clearly signposted there are about 500 articles on a vast range of subjects plus lots of links to the latest research david also writes about the topics i have chosen from his autistic experience providing insight into how our relationship works or doesn t from his perspective i want to share with you the everyday nitty gritty tiny details that most people outside of your family would miss that really affect you as a couple i have gone into detail about these and explained why these behaviours happen not every man with as is the same but you will recognise some of these behaviours in your husband or partner i graduated with a masters in autism from northumbria university and used my 18 years of experience research of living with david to write my dissertation about our marriage i couldn t help but be worried when he read through my dissertation at the end as i was concerned that i may have misunderstood some things or upset him with some of the detail i believe it was probably quite hard for him to read how much his behaviour over the years had affected me but all he said after he had read it through was

that it was very insightful i knew then i had done a good job

since receiving her husband s diagnosis of as katrin bentley s marriage has improved substantially this book shares the struggle of one couple to rescue their marriage it is uplifting and humorous and includes plenty of tips to making an asperger marriage succeed it offers couples hope encouragement and strategies for their own marriages

this is the first book to provide a complete model for counselling couples where one partner has asperger syndrome it provides details of the seven different stages of the model and includes anecdotal evidence from clients whose relationships have been greatly helped by it the book includes photocopiable activity sheets

drawing on her experience of being married to a man with as weston shows that the road to intimacy begins with letting go of expectations and looking after your own emotional needs she provides strategies for connecting with your as partner tips for coping with hurtful words and meltdowns and finding further sources of help and support

does your other half have asperger syndrome as or do you suspect that he or she is on the autism spectrum this quick and helpful guide provides all the information you need for relationship success with your as partner maxine aston offers relationship advice that draws on over a decade of counselling experience

drawing on their own experiences of being in long term relationships with partners with asperger syndrome and interviews with others in the same situation the authors offer tried and tested advice on how to surmount common difficulties and make things work

fully updated for dsm 5 the new edition of ashley stanford s bestselling book continues to offer invaluable relationship guidance to couples where one or both partners are on the autism spectrum by exploring asperger asd traits step by step the book emphasizes the value of understanding and offers solutions that have worked for other couples

first published in 2002 routledge is an imprint of taylor francis an informa company

this textbook provides readers with an insight into developmental co ordination disorder dcd in adulthood and the impact it has on everyday life potential areas of difficulty are outlined together with potential solutions and strategies that can be utilized by individuals to improve their personal social and working lives

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